

Navy Wrestling Coach Joel Sharratt



Joel Sharratt
Camp Director

Coming off a banner year that saw Navy post its best finish at the EIWA Championship since 2013, while sending four Mids to the NCAA Championship, Joel Sharratt enters his fourth year as head coach of the Navy wrestling program. A former assistant coach at the Naval

Academy under long-time head coach Bruce Burnett, Sharratt arrived in Annapolis following the 2014 season after spending the previous eight years (2007-14) as the head coach at Air Force.

One of the nation's most passionate coaches, Sharratt is no stranger to success. As a college athlete at the University of Iowa he earned three consecutive trips to the NCAA Finals ultimately winning the Championship.

Following his college career, Sharratt was a two-time member of the U.S. National Team, earning the bronze medal at both the 1996 Olympic Trials and 1997 Pan American Championships. While competing on the international level, Sharratt represented the United States around the world including trips to Russia, Ukraine, Belarus, Bulgaria, Slovakia, Italy, France and Canada. His accomplishments as a coach in the freestyle arena included cadet national champions and junior national champions, as well as multiple national team members and world medalists.

As a Coach and committed leader in student-athlete development he has qualified more than 20 athletes for the NCAA Championships and been selected as the Conference Coach of the year as well as the National Wrestling Hall of Fame State Chapter honoree. Sharratt believes in leadership from the front and has served the Naval Academy on the SUPERINTENDANTS 2015 Honor Review Committee, Team Captains Gettysburg Leadership Training and ultimately was given the opportunity to deploy to Balad AB, Iraq, serving as a part of a Combatives Mobile Training Team. Sharratt is dedicated to supporting many top tier military service branches as combatives instructor serving both with the Marine Corps Martial Arts Center of Excellence and the Air Force Center of Excellence.

Navy Camp Coaching Staff

- Nate Engel – Two-time US National Team
- Cody Cleveland – NCAA All-American
- Josh Asper – Two-time NCAA All-American
- Lloyd Keaser – Olympic Silver Medalist
- Pete Welch – Head Coach, McDonogh School
- Lloyd Rogers – University National Champion
- Josh Manu – Two-Time All-American

Priority Registration Now Available
www.navywrestlingcamps.com

Navy Wrestling Camps
United States Naval Academy
566 Brownson Road
Annapolis, Md. 21402

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N AVY W R E S T L I N G

2018 Navy Wrestling Camps



Father / Son Camp

★ June 16-17 ★ July 7-8 ★

Technique Camps

★ June 18-22 ★ June 23-27 ★
★ July 4-8 ★

SEAL Screener Camp

★ June 18-22 ★ July 4-8 ★

SEAL Elite Camp

★ June 23-29 ★ June 30-July 6 ★

SEAL Ultra Camp

★ June 23-July 6 ★

GI Jane Wrestling Camp

★ July 4-7 ★

Conducted by USNA Wrestling Head Coach

Joel Sharratt

and the Navy Coaching Staff

Sponsored by the NAAA

About the Camps

Father / Son Camp

Dates: Session 1 – June 16-17, 2018

Session 2 – July 7-8, 2018

Price: \$245 for father & son

\$80 for each additional child

Grades: Pre-K thru 12

Description: Fathers will create a wholesome connection with their sons. The father and son mini camp gives dads and sons a great chance to connect in a common environment. The camp will include fundamental skills at a pace suitable for both a young child and a wise father.

Technique Camp

Dates: Session 1 – June 18-22, 2018

Session 2 – June 23-27, 2018

Session 3 – July 4-8, 2018

Price: \$510

Grades: 6 thru 12

Description: A fantastic experience for wrestlers at any level! Technique Camp offers world-class technique and world-class fun. Proven technical success presented by Olympians, NCAA All-Americans, top level college and high school coaches will be shared with each wrestler. Technique camp will benefit both experienced and novice wrestlers. Groups will be divided by age and skill level to ensure each camper receives the best instruction for their level of experience. Campers will have access to the well supervised facilities at the Naval Academy. Camp is open to all wrestlers entering grades 5-12.

SEAL Training Camp

Warning: There are no refunds for lack of motivation.

Dates: Screener 1 – June 18-22, 2018

Screener 2 – July 4-8, 2018

ELITE 1 – June 23-29, 2018

ELITE 2 – June 30-July 6

ULTRA – June 23-July 6

Price: Screener – \$599

ELITE – \$825

ULTRA – \$1,695

Grades: Screener – 8 thru 12

ELITE – 8 thru 12

ULTRA – 9 thru 12

Description: Using hard work as the tool the NAVY SEAL wrestling camp helps instill what it takes to reach your unbound potential as a wrestler. There is one sure way to be a successful wrestler, “Outwork Your Competition.”

This camp will expand your knowledge of the four key aspects of training:

1. It will help you learn to push yourself to your physical limit.
2. It teaches you how to get stronger. You will learn the techniques and routines required to maximize your strength gains.
3. You will gain a deeper understanding of the technical aspects of wrestling. Learn the most up to date techniques that will enable you to win the big matches.
4. It will help build your mental toughness. If you think you can not win, you are right. Learn the mental skills that will help you say, “I can and I will be successful!”
5. All applicants will be sent a suggested work up training plan to ensure you arrive prepared for the rigors of this wrestling camp.

GI Jane Wrestling Camp

Dates: July 4-7, 2018

Price: \$495

Grades: 7 thru 12

Description: The GI Jane Wrestling Camp, now being hosted at the U.S. Naval Academy, is revolutionary in what it offers young aspiring female wrestlers. The blend of history and tradition combined with the cutting edge training, world class instruction and 21st century mission, make this camp the first of its kind. Training sessions and skill instruction are geared towards females interested in pursuing the toughest challenges and the path less traveled by others. In our ground breaking camp we offer skills and drills, intense live wrestling, physical conditioning and several off the mat skills that will enlighten each participant and allow them to push themselves to a new limit. Each athlete will face challenges that are unforeseen and this training camp will ensure you have the physical skills and stamina to succeed while also instilling the mental toughness required for the next level.

This camp will provide:

1. Technique by world class clinicians.
2. Live wrestling with talented and demanding opponents.
3. Sports psychology training.
4. Nutrition for success.
5. Training for championship performances.
6. Rigorous and demanding for the strongest competitor.

The GI Jane Wrestling Camp is not for everyone.

Camp Registration and Additional Camp Information

To register for the 2018 Navy Wrestling Camps
or for additional camp information,
please visit our camp website at

www.NavySports.com or www.NavyWrestlingCamps.com

	Screener	Elite	Ultra
Duration	5 Days	7 Days	14 Days
Morning Runs	N*	N*	N*
Wrestling Technique	N*	N*	N*
Live Wrestling	N*	N*	N*
Character Development	N*	N*	N*
SEAL Heaven & Hell Workout		N*	N*
Nutritional Talk and Advice		N*	N*
Motivational Speaker Talk (ONE)		N*	N*
Motivational Speaker Talk (TWO)			N*
Elite Weight Training Session and Talk			N*
Sport Psych Talk			N*

Screener Camp is NOT required to participate in Elite or Ultra Camp